

Maitri Griha

News Letter 2016

We would like to thank all of you for helping us with our project in 2016. Without your support it wouldn't be possible to give these children a place to learn, to help them develop their skills and to integrate them into their families as an accepted and appreciated member.

As the year 2016 ends the "Buddha Jyoti Himalayan Youth Club" wants to tell you about the changes and news that the year has brought to "Maitri Griha".

Maitri-Griha building construction

After almost half a year of hard work and struggling the building construction was finished at the end of the August 2016. Then in the first week of September we moved to the new building taking 2-3 days with the help of all the staff and volunteers. A small puja by a monk from "Sechen Monastery" was conducted to make an opening ceremony to the new building. The program was made very small as invitation was done only for the families of the children, members from the project and to some of the friends of "Maitri-Griha". Each and every individual of the "Maitri-Griha" family is very happy to be in a new and safe "Maitri-Griha" building. We built it strong, fulfilling the criteria of earthquake proof building under the strong supervision of the government. Finally our dream converted to reality.



Children

At the moment twelve children take part in our Day care program in two classes. In the advanced class, lessons focus on reading, writing, math and on vocational training like candle making, pottery training, doing household work. In the beginner class the children learn to get more independent in their daily activities like toileting, dressing or eating and to develop their skill to concentrate and stick to a task.

Advanced class



Sandesh



Ashmita



Sailesh



Ashis



Anusha



Anish

Basic class



Samman



Minkumar



Arati



Anil



Sizon



Rojina

Children from both classes are doing gradual progress in the activities conducted at “Maitri-Griha”.

Children left “Maitri Griha” in 2016

In the year 2016 three children left “Maitri-Griha”. The reason for all these children was that their family moved to a new place, where it is not possible for us to pick them up by our van. Purnima left due to her difficulties in managing time for “Maitri-Griha” and her school. Rezon and Gangi moved to another part of Kathmandu after the big devastating earthquake.



Rezon



Purnima



Gangi

Activities in 2016

Physiotherapy and Home visiting program



Impressions from the daily routine



Pottery training, staff training and sports interaction program

From this year we started with pottery training for Sandesh and Ashmita. It was hard for them at the beginning to give firm concentration on the work but in their long term training they came up with good progress. Both of them can make couple of good clay works like birds, fish and rabbit. Besides making they also learn to paint it in specific color. We are very happy with the progressive results of Sandesh and Ashmita.



In May Mhindup Lama took a two weeks training at “Autism Care Nepal”. In this training he learned how to give care and handle children with “Autism Disability” and what kind of activities are required to promote the life of autistic children.



On 23rd of September children interaction program was conducted by SERC (Special education and vocational Rehabilitation Center) at Baluwatar. It was the first time we attended this kind of program. There were some sports activities and some vocational performance in which Sandesh and Ashmita did very good. We are very happy that we could let our children attend this program. We will continue this kind of interaction program in coming days too. It's a good program, which makes the children very active and let them learn to be social by interacting with different school kids.



Outlook

During the year 2017 we would like to focus on making the children more independent in their daily activities and in developing the skills in children by providing different vocational training and conducting the training package program for the staff for the smooth running of "Maitri-Griha". Also cooperating with different similar organization to work together to uplift the life of these children.

We are always looking forward to welcoming volunteers to our new little home, who can work with the children and help our staff to develop their skills working with these mentally challenged children. In exchange we can offer you an opportunity to explore the culture as you come to understand Nepal, its people and their lives.

Acknowledgement

We would like to thank all institutions, organizations, sponsors, well wishers, volunteers and friends of "Maitri Griha" for their overwhelming support and co-operation during the year 2016.

We wish you all a Merry Christmas and a Happy New Year.
May this New Year 2017 come with blessing, peace and happiness for all of you.

Thank you for keeping this little project going!!!

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